

*Dr. Adia
Winfrey*
Curriculum Vitae

Education

DOCTOR OF CLINICAL PSYCHOLOGY (Psy.D.), Wright State University
School of Professional Psychology (SOPP), Dayton, OH
APA Accredited Program in Clinical Psychology
Degree Conferral Date: November 22, 2008
Dissertation: Healing Young People thru Empowerment (H.Y.P.E.): A Hip-Hop Therapy Program for Black Adolescent Males
Chair: Janeece Warfield, Psy.D. Defended: July 27, 2007
Written Material Rating: Exceptional Performance
Oral Presentation Rating: Higher than Average Performance

BACHELOR OF SCIENCE, Wilberforce University (WU), Wilberforce, OH
Major: Psychology Graduation Date: May 2002
Senior Thesis: Prevalence of Binge Drinking Among Caucasian & African-American College Students
Advisor: Eugenia Shittu, PhD Presented: April 27, 2001

APA Accredited Predoctoral Psychology Internship

**STATE OF WISCONSIN DEPARTMENT OF CORRECTIONS,
DEPARTMENT OF JUVENILE CORRECTIONS**
09/2007-10/2008
Conducted individual, group, and family therapy sessions. Provided crisis intervention and participated in weekly crisis team meetings. Trained institution staff on effectively integrating Hip Hop culture into therapeutic interventions. Supervised predoctoral practicum students. Piloted the H.Y.P.E. (Healing Young People thru Empowerment) curriculum, a Hip Hop-based group therapy program, with adjudicated males ages 13-22.
Chief Psychologist: Michael P. Hagan, PhD **Hours served:** 2000

Postdoctoral Fellowship

POSITIVE OUTCOMES PSYCHOSOCIAL SERVICES, Athens, GA

11/2009-11/2010

Completed psychological evaluations assessing a wide range of presenting problems from referral sources including the Georgia Department of Juvenile Justice, schools, psychiatrist, physicians representing a number of specialties, and psychologists.

Supervisor: Harvey Gayer, Ph.D. **Hours served:** 1500

Employment

ELEVATING US, LLC-President, Decatur, GA

Elevating Us, LLC is a company committed to empowering communities by enhancing the emotional wellness of youth, offering professional development workshops, partnering with various organizations, and producing community events. Elevating Us, LLC provides mentorship opportunities for hundreds of Metro Atlanta youth through The HYPE Movement Mentoring Program.

Tenure: 04/2011-Present

COVENANT YOUTH EMPOWERMENT- Group Facilitator, Tucker, GA

Established the company's group therapy offerings and emotional wellness summer camp for children and adolescents involved with the Department of Family and Children's Services and Department of Juvenile Justice.

Tenure: 10/2010-09/2012

BUTLER STREET YMCA- Out-of-School Program Consultant, Atlanta GA

Created afterschool and enrichment programs for youth. Developed a recruitment strategy combining social media, school presentations, and community activities. Developed, organized, and implemented a college readiness program for Metro Atlanta high school students.

Tenure: 09/2011-11/2011

FAMILY VIOLENCE PREVENTION CENTER OF GREENE COUNTY- House Manager, Xenia, OH

Responded to crisis calls, conducted entrance screenings for potential clients, counseled women and children living in the shelter, and created monthly organizational reports highlighting activities and client statistics.

Tenure: 12/2000-05/2001 & 11/2003-01/2004

TCN BEHAVIORAL HEALTH SERVICES, INC. - Program Coordinator, Xenia, OH

Program Coordinator of Teens Getting it Together (TGiT), a State funded prevention program for at-risk, African-American girls ages 10-18. Conducted weekly psycho-educational groups, obtained grant funding, conducted home visits, created newsletter, coached a dance group for TGiT members, arranged performances in parades and at universities, and organized a four day trip to Washington, D.C.

Tenure: 01/2002-10/2002

Implemented Training & Professional Development

- American Psychological Association Divisions 17, 35, 44, & 45 National Multicultural Conference Summit. “Hip Hop As a Conduit for Emotional Wellness. January 2015. Atlanta, GA
- H.Y.P.E. Presents Hip Hop Empowerment in Practice Webinar. July 2014
- Metro Louisville Department of Community Service and Revitalization. H.Y.P.E. II Facilitator Training. May 2014
- H.Y.P.E. Presents Hip Hop Empowerment in Practice Webinar. January 2014
- Northpoint Healthcare African American Male Program. H.Y.P.E. Facilitator Training. May 2013
- Ohio Rehabilitation Counselors Association Spring Conference: Using Hip Hop Empowerment with Adolescent Clients. April, 2013
- 2013 Let’s Get H.Y.P.E. Facilitator Training. March, 2013
- CHRISKids. H.Y.P.E. Facilitator Training. January 2013
- Columbia University Hip Hop Education Think Tank. November, 2012
- 18th International Network for Psychiatric Nursing Research: Let’s Get H.Y.P.E.: Utilizing Hip Hop Culture in effective mental health interventions with adolescents. September, 2012
- Elevating Us, LLC: Let’s Get H.Y.P.E. Hip Hop Empowerment Training. October, 2011
- Substance Abuse and Mental Health Services Administration (SAMHSA) commUNITY cares Conference: Hip Hop Empowerment with Teenagers. September, 2011
- SAMHSA commUNITY cares Conference: Hip Hop a Historical Perspective. September, 2011
- Ohio Rehabilitation Counselors Association Spring Conference: Using Hip Hop Empowerment with Adolescent Clients. April, 2011
- Let’s Get H.Y.P.E. Webinar Training. October 2010
- St. John’s University Empowering Communities thru Hip Hop (ECHO) Summit: H.Y.P.E.: Healing Young People thru Empowerment Professional Development Workshop. October, 2009
- Association of Black Psychologist (ABPsi) Professional Development Workshop: Healing Young People thru Empowerment (H.Y.P.E.): A Hip Hop Therapy Program for Black Adolescent Boys. July, 2009
- Mental Health Professionals Training at Ethan Allen School Topic: Implementing Healing Young People thru Empowerment (H.Y.P.E.): A Hip-Hop Therapy Program for Black Adolescent Boys. September, 2008
- Rap Session and Professional Development Committee Member for African-American Women in Professional Psychology September 2004-August 2007

Presentations & Panels

- APA National Convention Skill Building /Session “Integrating Hip Hop into psychotherapy with ethnic minority males.” August 2015.
- A3C Hip Hop Festival “Hip Hop and the Civil Rights Movement” Panelist October 2014
- Indiana State NAACP Educational Summit Keynote Speaker. August 2014.
- “Hip Hop As A Tool of Emotional Wellness.” April 2014. Sinclair Community College. Dayton, OH
- City of Dayton (OH) Human Relations Council “Dear Dr. Hip Hop” Panel Moderator April 2014
- A3C “Can Hip Hop Get Active” Panelist October 2013
- Chicago Music Summit “Hip Hop Peace Summit” Panelist September 2013
- Austin Peay State “Get H.Y.P.E. Residency” September 2013
- Miles College Freshman Orientation Presentation: “2013 Abolitionist.” January 2013
- Honorable Judge Janis Gordon Alternative Path for Women Speaker. April 2012
- Association of Foster and Adoptive Parents Association of Georgia Metro Region Conference Topic: Hip Hop Techniques in Parenting. April, 2012
- Redan High School/Communities in Schools Atlanta Career Fair. April 2012
- Stone Mountain Elementary School Career Fair. November 2011
- TalkBLACK Atlanta Panel “Prison Industrial Complex and the Black Community.” September 2011
- “Our Independent Collective Consciousness.” June, 2011. APEX Museum, Atlanta, GA.
- The APEX Museum and H.Y.P.E. Panel “Hip Hop: What it is...What it isn’t.” As a panelist, I represented the history and future of Hip Hop Culture. June, 2011.
- Winfrey, A.M. (2011). Beyond H.Y.P.E.: Elevating Student Engagement Using Hip Hop Empowerment. Panel Discussion at the Hip Hop Education Week Diverse Methods in Learning Conference. Essex County College, Newark, NJ.
- Communities in Schools Atlanta Women’s History Month Event. March, 2011.
- Association of Foster and Adoptive Parents Association of Georgia Metro Region Conference Topic: Fostering Teenagers. April, 2010
- Association of Foster and Adoptive Parents Association of Georgia Metro Region Conference Topic: The Disruptive Child. April, 2010
- Ethan Allen School Group Supervision Topic: Healing Young People thru Empowerment (H.Y.P.E.): A Hip-Hop Therapy Program for Black Adolescent Boys. May & September, 2008
- Allen-Staten, C. & McClellan, A. (2006). Child abuse: Physical abuse, sexual abuse, and neglect. Poster session presented at the first annual SGA Community Outreach Mental Health Awareness Day, Dayton, OH. May, 2006
- Wilberforce University’s Black Male Coalition Spring Semester Panel Series Topic: “What Role Does Black Nationalism Play in the New Black Consciousness?” As a panel member, I spoke about Hip-Hop’s potential role.

Publications

- Winfrey, A.M. (2015, January 20). H.Y.P.E. Hip Hop Therapy Program Uses T.I. to Counter Depression Among Black Youth. [Editorial]. Blackdoctor.org
- Winfrey, A.M. (2014, December 17). H.Y.P.E. Hip Hop Therapy Program Helps Black Youth Address Racism [Editorial]. Blackdoctor.org
- Winfrey, A.M. (2014, November 27). Rapper Drake Inspires Youth Through Online Hip Hop Program [Editorial]. Blackdoctor.org
- Winfrey, A.M. (2014, November 14). H.Y.P.E. Founder Dr. Adia Winfrey Talks Hip Hop and Healing Black Youth Through Hip Hop [Editorial]. Blackdoctor.org
- Winfrey, A.M. (2014, November 10). Another Bad Rap: How Ebola is the New Hip Hop. *The Atlanta Daily World.*, Retrieved from <http://atlantadailyworld.com/2014/11/10/another-bad-rap-how-ebola-is-the-new-hip-hop/>
- Winfrey, A.M. (2014, March 21). Teen Murder Suspect's Case Highlights Need for Early Black Male Intervention. *The Atlanta Voice.*, Retrieved from <http://theatlantavoice.com/news/2014/mar/21/teen-murder-suspects-case-highlights-need-early-bl/>
- Winfrey, A.M. (2013, November 13). Lessons from Left Eye [Editorial]. newblackman.blogspot.com
- Winfrey, A.M. (2013, July 16). More than racism: Ebomaphobia exposed [Editorial]. newblackman.blogspot.com
- Winfrey, A.M. (2013, April 23). The Hip Hop Manifesto [Editorial]. newblackman.blogspot.com
- Winfrey, A.M. & Banner, D. (2012, July 14). What's killing our culture? III: Ignoring the illness [Editorial]. newblackman.blogspot.com
- Winfrey, A. M. (2012, July 7). What's killing our culture? II: It's bigger than Hip Hop [Editorial]. newblackman.blogspot.com
- Winfrey, A.M. (2012, June 21). What's killing our culture?: It's not the mainstream and tight jeans [Editorial]. newblackman.blogspot.com
- Winfrey, A. M. (2012, June 15). What would Tupac do? Revamping 21st century education [Editorial]. newblackman.blogspot.com
- Winfrey, A. M. (Spring, 2010). More than H.Y.P.E.: Using Rap as a Catalyst to Change. *The Community Psychologist.*
- Winfrey, A.M. (2009). *Healing Young People thru Empowerment (H.Y.P.E.): A Hip-Hop Therapy Program for Black Teenage Boys.* Chicago: African-American Images.
- Winfrey, A.M. (November, 2008). Healing Young People thru Empowerment (H.Y.P.E.): A Hip-Hop Therapy Program for Black Adolescent Boys. *PsychDiscourse.*

Educational Travel

OXFORD, UK

18TH INTERNATIONAL NETWORK FOR PSYCHIATRIC NURSING RESEARCH CONFERENCE, Keble College- September 2012

Presented the Hip Hop Empowerment model, developed for use with adolescents having Disruptive Behavior Disorder diagnoses, to an international body of psychiatric nurses. During this well-received workshop, program evaluation data supporting the utility of the H.Y.P.E.: Healing Young People thru Empowerment curriculum was presented.

CAIRO, EGYPT

DATEX/U.S. SMALL BUSINESS ADMINISTRATION- Student Researcher, Wilberforce University- Summer 2001

Developed an annotated bibliography with literature related to small business in Egypt, prepared weekly reports citing the tasks accomplished by the organization, attended trainings for potential business owners, and prepared reports for employees in the U.S. summarizing meetings and the organization's progress.

Awards, Honors, and Recognition

- 2015 Champions of Change Top Blacks in Healthcare Award
- August 4, 2014 City of Louisville Proclamation Dr. Adia's H.Y.P.E. Day
- 2012 Convocation Speaker for School of Professional Psychology Incoming Class
- 2012 Wright State University Outstanding Alumna of the Year
- 2011 Butler Street YMCA Multicultural Achievers Adult Achievement Award
- 2011 First Lady of the Year Award for Education
- The SCARS Project 2011 Community Leadership Award
- Featured in *JET* Magazine (January 10, 2011) article, "Black Males Get H.Y.P.E."
- 2004 Wright State University School of Professional Psychology's E. Scott Redman Scholarship Recipient
- 1998-2002 UNCF Scholarship Recipient
- 2001 Wilberforce University Study Abroad Fellow (Cairo, Egypt)
- 2001 Outstanding Dance Team Member
- 2001-2002 SARDI MSEP Research Student
- 2000-2001 U.S. Achievement Academy National Award Winner
- 1997 Miss NAACP 2nd Runner-up
- 1996 Olympic Torchbearer

Special Competencies & Interests

- Pioneering professional and researcher in the area of Hip Hop as therapy.
- Skilled with using various social media platforms in youth and community interventions.
- Record of accomplishment in establishing and maintaining corporate partnerships.
- Successfully organized and executed live and virtual events, camps, and special programming.
- Efficiently and effectively working with collaborative teams.
- Corporate trainer for mental health professionals and educators.
- Highly skilled in intervention and curriculum development.
- Experience with grant writing, fund raising, and proposal development.